



The Fredericksburg District Committee meets on the third Wednesday of each month at 7:00 pm at Rappahannock Regional Library, Theater Wing at Caroline and Lewis Streets, Fredericksburg, VA. All A.A. members are welcome and encouraged to attend.

AA: www.aa.org VAC: www.aavirginia.org Grapevine: www.aagrapevine.org web@aadistrict30va.org

Anniversary?

If you would like your anniversary listed, please let your GSR know so they can pass your information along to our editor or email. newsletter@aadistrict30va.org

Step 7: Humbly asked Him to remove our shortcomings.

Tradition 7: Every A.A. group ought to be fully self-supporting, declining outside contributions.

Concept 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Group	GSR
Back to Basics	McKenzie W.
Bella Big Book	Sally G.
Big Book Stafford	Brenda S.
Boys to Men	Scott P.
Bowling Green	Roger H.
Bowling Green	Paul C.
Brooks Park	Bob W.
Budget	Clay O.
Candlelight	Jim M.
Candlelight	"H&T" DJ G.
Chancellor	Michael B.
College Heights	Russell K.
DCM	Mike S.
Donut	Dave S.
Dumpster	Steven J.
Fresh Start	Jack K.
Friday Night Beginners	Dave S.
Hotline	Joe N.
Just for Today	Brian H.
Lake Anna	Gary W.
Lake Anna	DeDe L.
Lake Anna Group	Tim B.

ANNIVERSARIES

July

- Robert M 2yrs
- H&T 3 yrs
- Lawson 7 yrs
- Janet 12 yrs
- Ken 11 months
- Giant Steve's belly button birthday July 21

August

- Robin 4 yrs
- Buddy 10 yrs
- Professor John - 9 yrs
- Johnny Boy 8yrs

District 41 - Picnic

Hosted by the Vienna District
Glyndon Park
400 Beulah Road Vienna, VA 22180
Saturday, August 7, 2010 – 3pm to 6pm

Shenandoah Valley AA Campout

Hosted by the Valley Intergroup
Natural Chimneys Park - Mt. Solon, VA
Friday, Aug 6, 2010 - Sunday, August 8, 2010

Serenity Shores

Attendance is low on non-speaker nights. This meeting is important for the guys at Serenity Home, so please bring your sobriety and support the meeting.

“We all have choices to make; the most important one is the attitude we start the day with.”

NEW MEETING!

Men's 12 & 12 Step Study

Tuesday's at 7pm

4920 Quality Dr
Fredericksburg

Workshops

The Sober & Happy Group and District 30 co-sponsored a workshop focused on the Big Book chapter “We Agnostics”.

The workshop was held on Monday, June 21st

5:30 pm to 7:30 pm at the VFW in place of the Sober and Happy Group.

There were two great speakers and a wonderful meal with plenty of fellowship. The workshop was a great success and the district looks forward to more groups sponsoring workshops like this.

Literature & Chips	Jack K.
Living Serious LOW	Robert H.
Misfits	Drew. LeeAnne W.
New Beginning	Terry E.
No BS	Carolyn A.
North Stafford Beginners	Gary
Over the Hump	Bob M.
Progress in Recovery	William K.
Progress Not Perfection	Karen P.
Public Information	Sally G.
Rainbow	Tina O.
Serenity Shores	Brent C.
Stafford New Beginners	Chuck S.
Starting Over	Jeff K.
Step Sisters	Janet
Sober & Happy	Lisa B.
Sun porch	Donna M.
TNT Lake of the Woods	Bob Z.
Together We Can	Donna S.

Archives

Donna recently spent time diagnosing the status of our District 30 archive. Based on guidelines from VAC as to what items should be kept in an archive, she purged duplicate items and made a catalog of available and missing information. The items archived are: meeting minutes from District meetings, District newsletters, Alcathon and Fourth of July reports, GSO Annual Reports and Advisory Actions. Copies of these items were available for some but not all years. At this time, there are no records more recent than 2004 in the storage locker. Donna will follow up with the past archivist and others to see if more records can be located. Donna will ask Robert to put forms on the website that groups can use to document the history of their group. **If you have or know of the existence of AA records, please let Donna know.**

Corrections

New Corrections Committee Chair, John B. was unavailable, but Jack K. reported that they were able to reopen communications with Rappahannock Regional Jail and are ready to again carry meetings for men there (meetings for women are currently available on Mondays). John's cell is 540-429-6094 and his e-mail is corrections@aadistrict30va.org. Jack has application packets available for men who wish to be of service carrying meetings into RRJ. (If you can receive the 20 page packet (includes handbook) by e-mail, you will help Jack save on his personal printing costs. Volunteers must be free of involvement with the jail system for 2 years and may not be categorized as violent ex-offenders or sex offenders. At a meeting this week, Jack and John will decide when Corrections Committee meetings will be held and discuss plans to provide meetings in other correctional institutions.

Treatment Facilities Committee

Treatment@aadistrict30va.org

The Treatment Facilities Committee has been meeting regularly, most recently on June 10th. Brent presented a status report (see his complete report for details). Having established solid communication outside of AA with various facilities, the committee focus is now on improving internal communications. The committee secured ten, 12th Step literature packages to pass out. The hospital is working closely and cooperatively with the committee as it develops new policies and procedures.

“A strong positive attitude will create more miracles than any wonder drug.”

**FREDERICKSBURG
AA HOTLINE
(540)-373-2028**