

**LEGEND – MEETING LIST**

O = OPEN For A.A. members, their families and guests, or anyone else who is interested in the A.A. program of recovery. Visitors and friends are expected to respect the anonymity of all persons at open meetings.

C = CLOSED Restricted to alcoholics and those who have or think they have a drinking problem.

BB = BIG BOOK STUDY

D = DISCUSSION

SS = STEP STUDY

BG = BEGINNER

S = SPEAKER

P = PROMISES

M = MEN ONLY

LS = LITERATURE STUDY

W = WOMEN ONLY

G = GAY/LESBIAN

# = ATTENDED CHILD WELCOME

Y = YOUNG PEOPLE

SP = SPANISH SPEAKING

AFG = AL-ANON\* MEETING CONCURRENT W/AA

AT = ALATEEN\* MEETING CONCURRENT W/AA

\*AL-ANON/ALATEEN For families and friends of alcoholics. Please visit [www.al-anonfredericksburg.org](http://www.al-anonfredericksburg.org) for full meeting schedule, or call 1-888-4Al-Anon.

A.A. has no direct affiliation with any other 12 step program listed on this document, These other groups are listed for informational purposes only.

♿ = WHEELCHAIR ACCESSIBLE

XX = CHANGE or ADDITION since last printing

**The Serenity Prayer**

*God, grant me the serenity  
to accept the things I cannot  
change; The courage to change  
the things I can; And the  
wisdom to know the difference.*

**THE TWELVE STEPS**

*(From the book, "Alcoholics Anonymous")*

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs

**A.A. PREAMBLE**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety

*Fredericksburg A.A. Hotline  
540-752-2228  
En Español 540-656-2882*

Telephone Numbers

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This WHERE and WHEN for the Fredericksburg area is funded and distributed by members of Alcoholics Anonymous VAC District 30. Changes and updates should be provided to the group GSR or sent directly to [meetings@aadistrict30va.org](mailto:meetings@aadistrict30va.org).



OCTOBER  
2020

*Alcoholics Anonymous*

**WHERE & WHEN**

DISTRICT 30 AA  
P.O. Box 3202  
Fredericksburg, VA 22402  
[www.aadistrict30va.org](http://www.aadistrict30va.org)  
Other A.A. Internet sites  
[www.aa.org](http://www.aa.org)      [www.aavirginia.org](http://www.aavirginia.org)  
Fredericksburg District 30 Business Meeting  
3rd Wednesday of each month, 7PM. American Legion  
Post #55, 461 Woodford St, Fredericksburg, VA. Meeting  
information included in this flyer is current as of the  
date above. Please check [www.aadistrict30va.org](http://www.aadistrict30va.org) or  
call the A.A. Hotline for updated information. This list  
is confidential and intended only for people seeking  
Alcoholics Anonymous.

**SUNDAY MEETINGS**

**12 PM (NOON) FRESH START** American Legion Post 290, Stafford, VA

**8:00 AM DONUT GROUP (O,S)**  
American Legion Post 55, 461 Woodford St.

**MONDAY MEETINGS**

**7:30 AM EARLY BIRD** American Legion Post 55, 461 Woodford St., Fredericksburg, VA

**12 PM (NOON) FRESH START** American Legion Post 290, Stafford, VA

**6:30 PM STAFFORD STEP GROUP (C,SS) –**  
Aquia Episcopal Church  
2938 Jefferson Davis Hwy, Stafford

**7:00 PM YOUNG PEOPLES GROUP,** Old Mill Park, 2201 Caroline St, Fredericksburg, VA

**8:00 PM STAFFORD BIG BOOK GROUP (O,BB) (AFG) –** Aquia Episcopal Church, Rt. 1 & 610, Stafford (Aquia Harbor entr.)

**TUESDAY MEETINGS**

**7:30 AM EARLY BIRD** American Legion Post 55, 461 Woodford St., Fredericksburg, VA

**12 PM (NOON) BROOKS PARK BIG BOOK STUDY,**  
Falmouth Fire Department,  
250 Butler Rd, Fredericksburg, VA

**12 PM (NOON) FRESH START,** American Legion Post 290, Stafford, VA

**12 PM (NOON) CHANCELLOR BIG BOOK STUDY(C,D, ☺) –** Tabernacle United Methodist Church, 7310-A Old Plank Rd.

**7: 00PM YOUNG PEOPLES GROUP,**  
Old Mill Park, 2201 Caroline St, Fredericksburg, VA

**7:00 PM NORTH STAFFORD BEGINNERS (O,D,BG)**  
Living Hope Lutheran Church  
325 Courthouse Rd., Stafford

**WEDNESDAY MEETINGS**

**6:00AM SUNRISE MEETING,** American Legion Post 55, 461 Woodford St.

**7:30 AM EARLY BIRD** American Legion Post 55, 461 Woodford St., Fredericksburg, VA

**12 PM (NOON) FRESH START,** American Legion Post 290, Stafford, VA

**12 PM (NOON) BROOKS PARK 13TH HOUR MEETING, OPEN DISCUSSION,**  
Falmouth Fire Department,  
250 Butler Rd, Fredericksburg, VA

**6:30 PM THE COUCH POTATOES (O,D,#, BG, ☺) –** A Family of God  
North Stafford Church of Christ,  
500 Shelton Shop Rd., Stafford  
(Candlelight Meeting in second floor Fellowship Room)

**7:00PM YOUNG PEOPLES GROUP,** Old Mill Park, 2201 Caroline St, Fredericksburg, VA

**7:00PM LIVING SOBER,** American Legion 89, 10021 Dahlgren Rd, King George, VA 22485

**7:30 PM CLOSED DISCUSSION –**  
Kirk O’Cliff Presbyterian Church,  
16420 Monrovia Rd., Mineral (Rt. 612 near intersection w/Rt. 719 – Days Bridge Rd.)

**THURSDAY MEETINGS**

**7:30 AM EARLY BIRD** American Legion Post 55, 461 Woodford St., Fredericksburg, VA

**12 PM (NOON) BROOKS PARK 12X12 STUDY,**  
Falmouth Fire Department, 250 Butler Rd, Fredericksburg, VA

**12 PM (NOON) FRESH START,** American Legion Post 290, Stafford, VA

**12 PM (NOON) WE ARE NOT A GLUM LOT (C,D, ☺)**  
Tabernacle United Methodist Church,  
7310-A Old Plank Rd.

**6:30 PM CHANCELLOR BEGINNERS,**  
Chancellor Community Center,  
7300 Old Plank Rd, Spotsylvania, VA

**7:00 PM THE MEN’S GROUP (C,D,M, ☺ )**  
Andrew Chapel, 1732 Brooke Road

**7: 00PM YOUNG PEOPLES GROUP,**  
Old Mill Park, 2201 Caroline St, Fredericksburg, VA

**FRIDAY MEETINGS**

**7:30 AM EARLY BIRD** American Legion Post 55, 461 Woodford St., Fredericksburg, VA

**12 PM (NOON) FRESH START** American Legion Post 290, Stafford, VA

**7: 00PM YOUNG PEOPLES GROUP,**  
Old Mill Park, 2201 Caroline St, Fredericksburg, VA

**7:00 PM STAFFORD BEGINNER’S GROUP (O,D,BG) –** St. Peter’s Lutheran Church  
1201 Courthouse Rd., Stafford (Rt. 630)

**SATURDAY MEETINGS**

**7:30 AM EARLY BIRD** American Legion Post 55, 461 Woodford St., Fredericksburg, VA

**12 PM (NOON) BROOKS PARK DISCUSSION**  
Falmouth Fire Department, 250 Butler Rd, Fredericksburg, Va

**12 PM (NOON) FRESH START,** American Legion Post 290, Stafford, VA

**7:00 PM CANDLELIGHT GROUP,**  
Open Discussion VFW,  
2701 Princess Anne St., Fredericksburg, Va

**7:00 PM STAFFORD NEW BEGINNER’S GROUP (O,D,BG, ☺ )**  
Mt. Ararat Baptist Church,  
1112 Garrisonville Rd., Stafford  
(Enter in the back of the main building)

**7:30 PM OPEN DISCUSSION**  
Kirk O’Cliff Presbyterian Church,  
16420 Monrovia Rd., Mineral  
(Rt. 612 near intersection w/Rt. 719 – Days Bridge Rd.)

**9: 00PM YOUNG PEOPLES GROUP**  
Hurkamp Park, 500 Williams St., Fredericksburg VA