



# AA – Virginia - District30

Fredericksburg, Stafford, & Spotsylvania



## Steps 4 and 5 Workshop

**WHEN: Dec 12, 2020 01:00 – 04:00 PM**

**WHERE: ZOOM**

**[Click Here -> Zoom <- Click Here](#)**



Or Cut/Paste URL:

<https://zoom.us/j/97416742944?pwd=UDlvTUJQWHhxeFBaYW5wVmZ0TGvtZz09>

Step 4

Step 5

**Made a searching and fearless moral inventory of ourselves.**



**Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**

Panelist to share on three topics focused on steps 4 and 5

Followed by breakout rooms for participant shares.

### Topics

Liden: Fears of doing and avoidance of doing steps 4 and 5

Rudy: Experience actually doing steps 4 and 5

David: What have they brought you & gifts of working the steps 4 and 5.

### Responsibility Statement

**I am responsible,  
when anyone, anywhere,  
reaches out for help, I want the hand of  
AA to always be there,  
and for that  
I am responsible.**

Committee and panelist: Linden,  
Jill, Paige, David V., Rudy,  
Duncan, RobertH