

--- AS AMENDED APRIL 17 2024 ---

Fredericksburg District (District 30) Virginia Area (Area  
71) of Alcoholics Anonymous

# DISTRICT 30



# **SERVICE MANUAL**

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# Fredericksburg District (District 30) Virginia Area (Area 71) of Alcoholics Anonymous

## **SERVICE STRUCTURE**

### **DISTRICT PREAMBLE**

Fredericksburg District (District 30) of the Virginia Area Assembly (Area 71) of Alcoholics Anonymous is a service body and shall protect and respect the autonomy and the privilege of dissent of any A.A. group in the Fredericksburg District of the Virginia Area Assembly. District 30 shall be ever mindful of the ideals expressed in the Twelve Steps, the Twelve Traditions, the Twelve Concepts for World Service, and the A.A. and VAC Service Manuals, and shall strive to provide the voice of the group conscience of the unity of the Fredericksburg District. The primary purpose of the Fredericksburg District shall be service. The Fredericksburg District shall encourage all its groups to participate in the business of the District and to support the District in its efforts to cooperate with the Virginia Area Assembly, General Service Office, and A.A. World Services.

#### **1 DISTRICT MEMBERS**

All members of A.A. are encouraged to attend any Fredericksburg District meeting and to participate as non-voting participants. Voting District Members are those described below. District Members are entitled to one and only one vote per person. A quorum for a District meeting shall be the number of voting District Members present at the time a vote is taken.

##### **1.1 District Officers**

- District Committee Member (DCM)
- Alternate DCM (ADCM)
- Secretary
- District Treasurer

##### **1.2 Standing Committee Chairs**

##### **1.3 Special Assignment Coordinators**

##### **1.4 General Service Representatives (GSRs) of District Groups**

Any GSR (or their alternate if their GSR is not in attendance) from any Group affiliated with the District is considered a voting member at any District meeting that they attend.

## **2 DISTRICT RESPONSIBILITIES**

- The District shall provide a DCM and ADCM for the VAC to carry the collective group conscience of the A.A. Members within the District.
- The District shall meet monthly at a time and location determined by the DCM to be convenient to the District membership.
- The District shall create or dissolve Standing Committees and Special Assignments to assist in their work, as necessary; and allocates funds needed to perform their duties. The scope and responsibilities of each Standing Committee or Special Assignment are to be found in the most current version of the District Guidelines (i.e., the second section of this Service Manual).

## **3 DISTRICT OFFICERS**

In the absence of a District Officer or their named proxy, the District Committee Member (DCM) may appoint any other District Member in attendance to substitute for the absent Officer. The Alternate District Committee Member (ADCM) is the de facto proxy of the DCM.

### **3.1 Officer Responsibilities**

#### **3.1.1 District Committee Member (DCM)**

- Determine the collective conscience of the District and its affiliated Groups
- Carry the District collective conscience to the VAC and to any A.A. functions attended
- Notify the VAC Mailing List Coordinator, in writing, of the name, address, and telephone number of any new DCM, ADCM, GSR, or Alternate GSR, as required by the VAC service manual
- Conduct all District meetings and report to the District Members at those meetings
- Provide agendas at District meetings
- Nominate Standing Committee Chair and Special Assignment Coordinators, subject to the approval of the District
- Facilitate District meetings at a time and location determined to be convenient to the District membership
- Perform other duties as prescribed in the VAC and A.A. service manuals

#### **3.1.2 Alternate DCM (ADCM)**

- Assist the DCM in the duties of that office
- Assume the duties of DCM if the DCM is unable to serve

#### **3.1.3 Secretary**

- Create, maintain, and distribute District meeting minutes
- Provide District meeting minutes to the District and VAC Archives Coordinators
- Maintain a contact list of District affiliated Groups and all District voting members
- Perform administrative duties that may be needed by other District Officers to ensure communication and continuity in all District business
- Maintain custody of any District-provided equipment used in the duties of this office

- Be custodian of the District Service Manual

#### 3.1.4 Treasurer

- Maintain a bank account, with at least two authorized users, the treasurer and one other District Officer, for the depositing of receipts and disbursement of expenses
- Receive contributions from the A.A. Groups and members, as described in GSO Guidelines pertaining to contributions
- Make disbursements according to budgetary constraints approved by the District and section 8 of this document
- Maintain records of all monies received and all expenses disbursed
- Provide a report of records and funds at all District meetings
- Maintain a report of actual expenditures and disbursements compared with allocated funds for each line item of the District budget. Provide this report to the District members annually and anytime requested by a District Officer
- Maintain custody of any District-provided equipment used in the duties of this office
- Maintain an inventory of any and all assets of the District

### 3.2 Election of Officers

3.2.1 Officer Eligibility: Conforming to the spirit of rotation, the DCM is limited to one consecutive term of office. It is strongly suggested that the spirit of rotation be considered for all District Member positions. It is accepted that if an officer is elected as a replacement for an Officer that left their position prior to the end of their term, they may stand for the same position at the next District election without violating a spirit of rotation. It is recommended that all District Officers relinquish GSR positions prior to the beginning of their elected term. It is suggested that DCM and ADCM officers have enough continuous sobriety to be elected as an A.A. Conference Delegate (usually four to five years), have served as a GSR, and have previously attended at least one VAC assembly. It is recommended that the Secretary and Treasurer have a minimum of one year of continuous sobriety to hold office.

3.2.2 Election Schedule & Voting Eligibility. The nomination and election of District Officers shall take place every two years at the District meeting in September of even numbered years. Acceptance of any nomination is contingent upon the nominee indicating their availability and commitment to serve in that position, if elected. Acceptance of this commitment requires witness by at least two voting members in attendance during this meeting. It is therefore recommended, but not required, that nominees be in attendance during the nomination and election. All District members (District Officers, Committee Chairs, Special Assignment Coordinators, and District GSRs) are entitled to one and only one vote per person.

3.2.3 Election Process. The election is facilitated by the outgoing DCM, ADCM, or their proxy. In absence of a valid facilitator, the election can be facilitated by a person determined by general consensus of those District members in attendance.

- a) The Secretary (or acting Secretary) calls the roll to determine eligible voting members.
- b) The names of the nominees are read.
- c) Nominees in attendance will be asked if they are unable to serve. If so, their nomination is rescinded.

- d) If no nominees for an Officer position exist, nominations and voting for that Officer position is postponed until the next District meeting.
- e) Voting is done via secret ballot. Eligible voters will be instructed to make their intent as clear as possible on their ballot. Any votes for individuals not officially nominated are ignored (and do not count towards the number of votes received).
- f) Appointed by general consensus of the District members, a non-voting member is asked to count the votes. If no non-voting members are present, the votes must be counted by a District Officer and the count must be verified by at least one GSR. A nominee for the office being voted upon may not count votes or verify vote counts.
- g) Any District Member in attendance (including nominees) can ask to verify the vote count at this time.
- h) If voter intention is not certain (illegible) on any vote(s), the vote(s) is considered invalid. If invalidating this vote(s) could alter the results of the election, then all ballots are discarded and the vote is repeated.
- i) Once the vote is done, counted, and all count verification requests have been satisfied, the results are considered official. If there is not a tie for most votes, the person with the most votes becomes the officer-elect. This means that if there are more than two nominees for the same office, the winner may be elected by less than 50% of the overall vote.
- j) In the case of a tie for the most votes, all nominees other than those tied with the most votes are discarded and a new vote with only the remaining nominees is performed. If, after a single revote, a tie still occurs, the officer-elect shall be determined by any means determined fair by the majority of the District Members in attendance.
- k) This process is repeated for all remaining District Officer positions.

### **3.3 Term of Office**

If elected during the normal term elections, an Officer shall serve in their official capacity for two years, beginning the 1<sup>st</sup> of January following the District election. If an Officer is a mid-term replacement, their term begins immediately following the meeting in which they are elected and continues only until the beginning of the term of the Officer elected during the next District voting cycle. Replacement Officers may be nominated for the same position at the next scheduled District election without violating the spirit of rotation.

### **3.4 Officer Replacement**

An officer is expected to complete their term as they committed to do prior to their election. However, it is understood that situations occur which make completion of their term difficult or impossible. Therefore, an officer may step down from their service commitment to the District without explanation at any time during their term.

An Officer can be removed from office by a two-thirds majority of voting members by secret ballot at any District meeting. Such a vote may be called from a seconded motion by any District member.

If an Officer abandons or declares their intention to abandon their position, or is removed from their position prior to the end of their normal term, nomination for their replacement is done immediately (if this occurs during a District meeting) or at the next District

meeting at the latest. If the vacant office is that of the DCM, the ADCM (being the DCM *pro tem*) is made the DCM immediately and the office of ADCM becomes vacant. The election for the replacement Officer is done at the following District meeting, following the process defined in 3.2.4 of this document. Until a replacement Officer is determined, the DCM has the authority to unilaterally appoint an ad hoc replacement to perform the functions of the vacant position.

## **4 STANDING COMMITTEE CHAIR**

### **4.1 Responsibilities**

- Maintain communications with the VAC and throughout the District regarding the area of concern of their Standing Committee
- Hold Committee meetings, when appropriate, and maintain minutes of these meetings
- Solicit and encourage Committee membership, as appropriate, to facilitate an informed group conscience that is representative of the District within the area of concern of the Committee
- Maintain a contact list of the members of the Standing Committee
- Become familiar with the guidelines and service manuals of the VAC and A.A., especially as they relate to the area of concern of the Committee
- Provide a verbal and/or written report at all monthly District Meetings regarding the activities of their Committee. Should the chair be unable to attend a District Meeting, a report should be presented by a proxy or a written report should be provided to the DCM prior to the District Meeting
- Provide the District with a budget for all service required within their Committee's area of concern by the 1<sup>st</sup> of September of the year preceding the scope of said budget
- Account to the District for money spent
- Upon the completion of service term, nominate a qualified person, as determined by the Standing Committee, to the DCM as a replacement Standing Committee Chair
- Maintain a pass-along file to assist their replacement

### **4.2 Chair Selection**

Upon taking office and whenever a vacancy may occur, the DCM shall nominate willing and able Standing Committees Chairs to the District for consideration. Approval of a nominee is achieved with a simple majority vote by District members at a District meeting. It is suggested that DCMs and District Members consider the spirit of rotation in the selection of Committee Chairs.

### **4.3 Terms of Service**

The Committee Chair serves in their official capacity throughout the remainder of the term of the DCM that nominated them, unless a replacement Chair is selected by the District.

### **4.4 Chair Replacement**



The Chair of a Standing Committee is expected to complete their term. However, it is understood that situations occur which make completion of their term difficult or impossible. Therefore, a Standing Committee Chair may step down from their service commitment without explanation at any time during their term.

A chair can be removed from office by a two-thirds majority of voting members by secret ballot at any District meeting. Additionally, should a chair of any committee fail to attend three consecutive District Meetings without providing a proxy or providing a report to the DCM, the position of chair for that committee will be considered vacated and a replacement chair will be selected in accordance with section 4.2 of this document.

## **5 SPECIAL ASSIGNMENT COORDINATORS**

### **5.1 Responsibilities**

- Maintain communications with the VAC and throughout the District regarding their area of concern
- Perform the tasking of their special assignment as defined in the most current version of the District Guidelines
- Solicit and encourage help, as appropriate, from others to perform the tasking of their special assignment
- Become familiar with the guidelines and service manuals of the VAC and A.A., especially as they relate to their area of concern
- Provide a verbal and/or written report at all monthly District Meetings regarding the status of their area of concern. Should the coordinator be unable to attend a District Meeting, a report should be presented by a proxy or a written report should be provided to the DCM prior to the District Meeting
- Provide the District with a budget for all service required within their Special Assignment's area of concern by the 1<sup>st</sup> of September of the year preceding the scope of said budget
- Upon the completion of service term, nominate a qualified person to the DCM as a replacement Special Assignment Coordinator
- Maintain a pass-along file to assist their replacement

### **5.2 Coordinator Selection**

Upon taking office and whenever a vacancy may occur, the DCM shall nominate willing and able Special Assignment Coordinators to the District for consideration. Approval of a nominee is achieved with a simple majority vote at a District meeting. It is suggested that DCMs and District Members consider the spirit of rotation in the selection of Special Assignment Coordinators.

### **5.3 Terms of Service**

The Special Assignment Coordinator serves in their official capacity throughout the remainder of the term of the DCM that nominated them, unless a replacement Coordinator is selected by the District.

### **5.4 Coordinator Replacement**

A Special Assignment Coordinator is expected to complete their term. However, it is understood that situations occur which make completion of their term difficult or impossible. Therefore, a Special Assignment Coordinator may step down from their service commitment without explanation at any time during their term.

A Coordinator can be removed from office by a two-thirds majority of voting members by secret ballot at any District meeting. Additionally, should a Coordinator fail to attend three consecutive District Meetings without providing a proxy or providing a report to the DCM, the position of Special Assignment Coordinator will be considered vacated and a replacement Coordinator will be selected in accordance with section 5.2 of this document.

## **6 DISTRICT MEETINGS**

The DCM is responsible to provide an agenda for each District meeting. The agenda should facilitate an expedient and organized meeting. Suggested elements of a meeting agenda may include the following subjects:

### **Introduction and Readings**

#### **Officer's Reports**

DCM Comments / Report

Secretary's Report (Discussion/Acceptance of Meeting Minutes)

Treasurer's Report

#### **Old Business**

#### **Committee and Special Assignment Reports**

#### **GSR Reports**

#### **New Business**

#### **Closing Comments and Readings**

## **7 DISTRICT MOTIONS AND VOTING PROCEDURES**

Motions are used to allow the District to fairly consider issues and the opinions of those representatives present at District meetings. The process for this consideration and voting is based on Robert's Rules of Order. The process for District Motions includes the following steps:

### **7.1 Motion**

During the District Meeting (typically during discussion of Old or New business or when an issue of significance is raised), any voting District member can start the process by making motion for consideration. This starts with the words, "I move that..." A motion

limits discussion to something definite. The group can respond to the motion and act on it so there can be a final decision made.

## 7.2 Motion Second

Immediately following a stated motion, any other voting District member can second the motion. This simply means that the seconder agrees with the motion or thinks it is worth discussing and says, “I second the motion.” If a motion is not seconded, it cannot be discussed because it does not have enough support to be considered. Before discussion, the exact wording of the motion is stated by the meeting chair or secretary to ensure that it is properly recorded and so that everyone understands its intent. Any motion that comes from a Standing Committee is automatically seconded.

## 7.3 Discussion

Anyone who speaks is addressing only the chairperson—in a courteous manner and only speaking directly to the motion. The person who introduced the motion has the right to speak first. The seconder has the option to speak next. Discussion continues by direction of the meeting chairperson so that all interested participants that wish to speak may do so. No one who has spoken on the motion may speak again until all people wishing to speak have had a chance. To avoid deadlock of a motion, the chair can establish reasonable discussion time limits.

7.3.1 Amendment of Motion: An amendment is a suggested change to the wording or intent of the original motion by adding, deleting, or replacing words. There are only two kinds of amendments that can be made to a motion: First rank, or amendments to the proposed motion (this is an amendment to the motion); and Second rank, or amendments to first rank amendments (this is an amendment to the amendment to the motion). Any number of amendments may be made to most motions, but only one amendment of each rank may be discussed at a time.

During discussion of a motion, the person speaking may request an amendment. The amendment becomes a sub- motion of the previous motion and requires a second before it can be considered. If an amendment is seconded, it becomes the motion at hand and is considered before the previous motion is concluded.

7.3.2 Tabling: The speaker may request that the motion be taken from the table by saying, “I move to table the motion...” with or without an explanation as to why it should be tabled and for how long it should be tabled. A “motion to table” requires a second to be considered. If seconded, an immediate vote to table the motion is done. To pass, a two-thirds majority of those voting must agree to table the motion. If the “motion to table” fails, discussion continues.

7.3.3 Withdraw a Motion: A motion can be withdrawn at any time at the request of its mover—if no one objects. If the person speaking wants the motion withdrawn, or if someone objects to the mover’s request to withdraw the motion, it can be withdrawn only by a motion to withdraw. This motion must be seconded, cannot be debated or amended, and requires a two-thirds majority vote.

7.4 **Called:** Once adequate discussion of a motion has occurred (or when no other members wish to address the motion), the chair or other member may call the vote. If other members wish to speak to the motion when the motion is called, then the “call of motion” becomes a sub-motion to the previous motion and requires a second to be considered. If seconded, an immediate vote to call the motion is done. To pass, a two-thirds majority of those voting must agree to call the vote. If the “call of motion” fails, discussion continues.

7.5 **Vote:** Before the vote on the motion is done (especially if significant discussion has occurred), the chairperson or secretary typically restates the final wording of the motion. Then, the chairperson calls for all those in favor, opposed, and abstaining, and counts the votes for each. The chairperson declares the motion by announcing the results of the vote and the secretary records the results in the minutes. After a vote, the chairperson asks if anyone voting in the minority wishes to offer a minority opinion. If so, discussion of the motion resumes, but only those that voted in the minority opinion may speak. This minority opinion discussion continues until either no more minority opinion discussion is requested, or a person that voted with the majority calls a motion to reconsider. If another person that voted with the majority seconds the motion to reconsider, the original motion is recovered and discussion of both sides recommences as described in section 7.3. Ideally, though, this should be a rare exception; as any matter should be thoroughly considered before a vote is taken.

## **8 DISBURSEMENT OF DISTRICT FUNDS**

These guidelines shall be followed by the District Treasurer in the disbursement of funds and are to be followed by all members of the District in the submitting supporting documentation and District Expense Vouchers for reimbursement. Unless covered specifically within the guidelines of this section, disbursement of District funds requires a simple majority of District Members.

### **8.1 District Members**

District Officers, Standing Committee Chair, and Special Assignments Coordinators are supported by the District budget. Funds budgeted for District Members are to be used to support the responsibilities assigned to that District Member. No money will be expended over the approved budget unless approved by the District by simple majority vote. Documentation requirements for financial support are provided in section 8.4 below.

### **8.2 Travel Expense Reimbursement**

8.2.1 **DCM and ADCM Travel Expenses:** The District shall fund the travel expenses (lodging, meals, tolls, and mileage, etc) incurred by the DCM and ADCM to attend the Spring and Fall Assemblies and the Summer and Winter Meetings. These reimbursements are limited by the guidelines contained in this document.

8.2.2 **GSR Travel Expenses:** Each Group is encouraged to be fully self-supporting of its GSR’s travel, lodging and meal expenses. If the group cannot provide support, a GSR may be reimbursed at an amount not to exceed 10% of the District budgeted amount for this service line item, on a first-come, first-served basis. GSR reimbursement requires

notification of intent to the District Treasurer prior to the travel event. Reimbursement also requires that appropriate receipts be provided to the District Treasurer along with a completed District Expense Voucher. If pre-travel notification has not been provided to the District Treasurer or if the District budgeted amount for this service line item has been exceeded, approval for reimbursement requires a simple majority vote of the District.

8.3 Calculated Expense and Advance Disbursements: Unless authorized by simple majority vote by the District or excluded by the subsections below, disbursement of District funds is limited to the actual expense incurred and requires documentation as described in section 8.4.

8.3.1 Advance for Expenses: Advances for travel or other expenses are limited to District budgeted items unless approved by simple majority of the District. The use of any advanced funds shall be limited to expenses intended by that advance. The recipient of advanced funds is responsible to use and document use of these funds in accordance with these guidelines and is required to submit documentation as described in section 8.4 within 30 days of the incursion of the expense. Unused portions of advanced funds shall be returned to the District Treasurer within 30 days of the incursion or expected incursion of the expense.

8.3.2 Mileage Reimbursement: Eligible mileage reimbursement for all travel will be paid at a rate of two-thirds the current IRS approved business travel rate (For reference at the time of writing the current 2024 IRS rate is \$0.67/mile so District approved reimbursement rate would be \$0.45/mile). Claim for mileage expense should be made on the District Expense Voucher, but does not require receipts. Payment for mileage of eligible travel exempts all other vehicle related expenses (fuel, insurance, maintenance, etc) from being eligible for reimbursement. Tolls for highways and bridges are considered separate reimbursable expenses.

## **8.4 Expense Documentation**

8.4.1 General: Unless excluded in section 8.3, no disbursement of funds shall be made without proper documentation (copies of paid bills, canceled checks, or cash receipts). All disbursements of funds with the exception of vendors paid directly by the District Treasurer should be submitted using a completed District Expense Voucher. The most recent approved version of the District Expense Voucher form should be used.

8.4.2 Unavailable or Lost Receipts: Receipts should be requested whenever possible for all expenses. Care to maintain these receipts should be a primary concern for the payer of this expense. It is, however, understood that receipts for certain expenses may not be available or may be lost or inadvertently destroyed. In such cases, the reimbursement for that expense is contingent upon approval by simple majority of the District. Exemptions to this approval requirement are limited to the following:

- Mileage expenses as described in 8.3.2
- Photocopies from machines that do not provide receipts (exemption limited to \$25)

- Miscellaneous expenses deemed necessary by District Treasurer (exemption limited to \$10)
- Expenses pre-approved by simple majority of the District for disbursement without receipt

## **8.5 Limits for Lodging and Meal Expenses**

All other reimbursable expenses shall be limited to reasonable limits as determined by the District Treasurer. Exclusions to this reimbursement limitation shall require a simple majority vote by the District.

8.5.1 Lodging Expense Limits: Reimbursement for lodging requires documentation as described in section 8.4 and shall be limited to a reasonable cost as determined by the District on a case-by-case basis.

8.5.2 Meal Expense Limits: Reimbursement for meals shall be limited to a per diem (per day) maximum of \$40. Partial day reimbursement shall be limited to \$20.

8.5.3 Negotiated Rates: If the District or VAC has negotiated a discounted hotel or hotel package price for an event, reimbursement for the associated expenses shall not exceed the cost of the negotiated price. It is the responsibility of the attendee to book their reservation in time to receive the discounted pricing. Exclusions to this reimbursement limitation shall require a simple majority vote by the District.

## **9 DISTRICT GROUPS**

### **9.1 Request to add a Group to the District**

To Add a Group to the District, the Group needs to request being added and provide either a New Group Form or a Group Information Change Form (if not new) to the DCM. These forms can be found at [www.aadistrict30va.org](http://www.aadistrict30va.org) and contain information such as:

- GSR Contact information
- Meeting Information (type, venue, etc...)
- If meeting is new, start date of meeting

### **9.2 Removal of Group Affiliation from District**

If a Group decides to be removed from District affiliation, their informed group conscience needs to be provided to the District by their GSR, acting on behalf of their Group. No explanation for the decision is required.

## **10 ACCEPTANCE AND AMENDMENT PROCEDURES**

Creation of or any proposed amendments to this Service Structure must be submitted in writing to the DCM. The DCM shall include the proposed amendment on the agenda of the next District

meeting. Adoption of any amendment to this Service Structure requires a two-thirds vote of the District.

**\*\* Original District 30 Service Manual Approved 10-20-2010**

**Amendments**

Date	Section	Motion	Vote	Old Wording	As Amended
1/19/2011	8.3.2	Move to modify Service Manual to set travel mileage to mirror VAC (2/3 IRS limit) (currently \$0.34)	Unanimous	Eligible mileage reimbursement for all travel will be paid at a rate approved by the District as part of the annual District budget. Claim for mileage expense must be made on the District Expense Voucher, but does not require receipts. Payment for mileage of eligible travel exempts all other vehicle related expenses (fuel, insurance, maintenance, etc) from being eligible for reimbursement. Tolls for highways and bridges are considered separate reimbursable expenses.	Eligible mileage reimbursement for all travel will be paid at a rate of two-thirds the IRS approved business travel rate (2011 IRS rate is \$0.51/mile, so District approved reimbursement rate would be \$0.34/mile). Claim for mileage expense should be made on the District Expense Voucher, but does not require receipts. Payment for mileage of eligible travel exempts all other vehicle related expenses (fuel, insurance, maintenance, etc) from being eligible for reimbursement. Tolls for highways and bridges are considered separate reimbursable expenses.
1/19/2011	8.4.1	none – technical correction – current wording required the use of a form that doesn't exist.	N/A	All disbursements of funds with the exception of vendors paid directly by the District Treasurer require a completed District Expense Voucher.	All disbursements of funds with the exception of vendors paid directly by the District Treasurer should be submitted using a completed District Expense Voucher.
1/19/2011	8.5.2	Move to modify Service Manual to set food per diem to \$20/half-day (no receipts needed)	Unanimous	Reimbursement for meals requires documentation as described in section 8.4 and shall be limited to a per diem (per day) maximum as determined by the District as part of the annual District budget.	Reimbursement for meals shall be limited to a per diem (per day) maximum of \$40. Partial day reimbursement shall be limited to \$20.
4/15/2020	Guidelines document	Move to accept District Guidelines into the District 30 Service Manual, as presented.	Unanimous	Previously: Guidelines document (part 2) was not included as part of this Service Manual.	District 30 Service Manual now includes the District Guidelines (previously accepted by the District in a vote on 12/19/2019), creating a two-part Service Manual. The Service Manual now includes Part 1 as the Service Structure document, and part 2 as the Guidelines document, with different amendment procedures for each part, and a new table of contents reflecting the consolidation.
4/17/2024	3.1.4	Move to accept District Guidelines into the District 30 Service Manual, as presented.	Unanimous	Maintain a bank account, with a signature card signed by at least one other District Officer, for the depositing of receipts and disbursement of expenses	Maintain a bank account, with at least two authorized users, the treasurer and one other District Officer, for the depositing of receipts and disbursement of expenses
4/17/2024	8.3.2	Move to accept District Guidelines into the District 30 Service Manual, as presented.	Unanimous	Eligible mileage reimbursement for all travel will be paid at a rate of two-thirds the IRS approved business travel rate (2011 IRS rate is \$0.51/mile, so District approved reimbursement rate would be \$0.34/mile).	Eligible mileage reimbursement for all travel will be paid at a rate of two-thirds the current IRS approved business travel rate (2024 IRS rate is \$0.67/mile so District approved reimbursement rate would be \$0.45/mile).

# Fredericksburg District (District 30) Virginia Area (Area 71) of Alcoholics Anonymous

## **DISTRICT GUIDELINES**

### Standing Committees, Special Assignment Coordinators, and Group Service Representatives (GSRs)

#### **GENERAL**

The following guidelines have been established as reference material for the successful operation of the Standing Committees and Special Assignment Coordinators. While not intended to be all-inclusive, it is the desire of the District that these guidelines will be useful as a catalyst to provide communication between the Standing Committees, Special Assignment Coordinators, and the District A.A. groups. More general guidelines for Standing Committees and Special Assignment Coordinators are noted in sections 4 and 5 of the District 30 Service Structure portion of this Service Manual.

#### **1 STANDING COMMITTEES**

##### **1.1 Budget and Finance Committee**

The Finance and Budget Committee is established to present a sound fiscal budget to the District, keeping in mind our Tradition of self-support and that sufficient operating funds, plus a prudent reserve, should be the District's fiscal policy. The prudent reserve for the District shall be at least equal to the non-discretionary expenses of the previous year, but not exceed the total expenses of the previous year.

The membership of the Finance and Budget Committee shall include a Chair, ADCM, and District Treasurer. Additionally, membership is open to any District Member that wishes to be involved. The responsibilities of the Finance and Budget Committee are to:

- *Request budgets from the District Officers, Standing Committee Chair, and Special Assignment Coordinators for the coming year. Budgets for the upcoming year are due to the Finance and Budget Committee by September 1<sup>st</sup>.*
- *Aid Groups in becoming self-supporting and shall assist Groups in budget and other financial problems.*
- *Encourage contributions from Groups and A.A. members to the District, VAC, and G.S.O. and will produce and make available contribution envelopes to those who need them.*
- *Prepare and submit a budget for the coming year to the District at its November District meeting.*

##### **1.2 Corrections Committee**

The Corrections Committee is established to carry the message of A.A. to those people incarcerated.

The responsibilities of the Corrections Committee are to:

- *Encourage participation by all A.A. Members in carrying the message of recovery to inmates housed in correctional facilities*



- *Coordinate the flow of information from the District to alcoholics in correctional facilities*
- *Promote the use of the GSO “Correctional Facilities Guidelines” within the District*
- *Understand, respect, and support adherence to all correctional facilities' rules and regulations*
- *Encourage correspondence by A.A. Members to share their experience, strength, and hope, through letters, with those incarcerated*
- *Assign subcommittee chairperson(s) as needed*

### **1.3 Entertainment Committee**

The Entertainment Committee is established to effectuate the spirit of fellowship and to show that we are not a glum lot.

The responsibilities of the Entertainment Committee are to:

- *Assign subcommittee chairperson(s) for entertainment and fellowship events*
- *Coordinate between subcommittee chairs and the District on issues pertaining to fellowship and entertainment events*
- *Oversee finances for entertainment and fellowship activities and events*

### **1.4 Hotline Committee**

The Hotline Committee is established to ensure the telephone number managed by District 30 will be answered, to ensure callers are given accurate information and help as appropriate.

The responsibilities of the Hotline Committee are to:

- *Schedule telephone answering volunteers on a 24-hour basis.*
- *Provide training sessions for new telephone answering volunteers*
- *Maintain an accurate and up-to-date 12<sup>th</sup> Step list of both men and women, for callers prompting such action.*

### **1.5 Combined Public Information and Cooperation with the Professional Community Committees (PI&CPC)**

The combined PI/CPC Committee is established to offer and provide information about AA to professionals in the community, such as educators, healthcare professionals, clergy, court officials, police, and others who may have contact with practicing alcoholics.

The responsibilities of the combined PI/CPC Committee are to:

- *Stay abreast of current PI/CPC guidelines and current issues suggested by the GSO or Area, and report relevant information to the District and AA Groups*
- *Encourage use of the PI and CPC kits provided by GSO*
- *Maintain a list of agencies / entities that want District 30 Where and Whens and other literature as appropriate.*
- *Distribute Where and Whens and appropriate literature to the requesting entities, and redistribute Where and Whens and appropriate literature when changes are made, in order to keep professionals with up-to-date information.*

### **1.6 Treatment Committee**

The Treatment Committee is established to coordinate meetings to, and communication with, treatment centers, rehabs, and hospitals within District 30.

The responsibilities of the Treatment Committee are to:

- *Encourage participation by all A.A. Members to carry the message of recovery to alcoholics housed in treatment centers in the District*
- *Coordinate information, efforts, and activities with other standing committees and groups within the district on the concerns of recovery in treatment centers*
- *Encourage and assist groups and individual AA members involved in this Twelfth Step work*
- *Encourage the use of GSO's "Treatment Facilities" guidelines, kits, workbooks, and other related GSO and Grapevine literature and material at the district and group level*
- *Maintain a current list of contact details for volunteers, coordinate dates for all district commitments to treatment facilities, and act as a liaison or contact point for those commitments.*

## **2 SPECIAL ASSIGNMENT COORDINATORS**

### **2.1 Chips and Literature Coordinator**

The Chips and Literature Coordinator is tasked to act as a central point of contact within the District to facilitate a cost-effective method of providing A.A. literature and chips to Groups.

The responsibilities of the Chips and Literature Coordinator are to:

- *Inform A.A. Groups and Members within the District of the availability and benefits of the A.A. World Services, Inc. publications and literature*
- *Encourage A.A. Groups and Members within the District to purchase and read Conference-approved literature*
- *Accept requests, process orders, and accept payment for A.A. literature and chips from A.A. Members and Groups within the District*
- *Maintain a prudent reserve inventory of commonly requested A.A. literature and chips to facilitate an expedited availability to A.A. Members and Groups within the District. Funds to ensure the availability of a prudent reserve inventory should be included in the annual budget request from the Chair of the Chips and Literature Committee.*
- *Fulfill orders by arranging a pick-up time/location or by delivering products to the requesting A.A. Member or Group*
- *Keep current on new, upcoming and revised literature/material from GSO*
- *Inform A.A. Groups and Members in the District of the availability of and the benefits from the A.A. Grapevine*
- *Promote A.A. Grapevine subscriptions for A.A. Groups and Members within the District*
- *Advocate the election of a Grapevine representative in individual AA groups and to be available to assist those representatives as necessary*

### **2.2 Archives Coordinator**

The Archives Coordinator is tasked as the official archival agent of the District. The objectives of the Archives Coordinator shall be the collection, preservation, and administration of the official records of the District, as well as personal papers and other items donated to the Archives, which document and/or describe the history and activities of A.A. in this District.

The Archives Coordinator maintains final responsibility, through the DCM, for the use of the Archives and exercises its group conscience regarding all matters of general policy. The Archives Coordinator promotes interest in the Archives and accepts articles and items of historical interest or for administrative use consistent with the objectives of the District Archives.

The Archives Coordinator's responsibilities are to:

- *Collect and preserve the heritage and official records of the District and to encourage Groups to prepare and maintain a Group history.*
- *Exercise custodial responsibility and maintain the integrity of District correspondence, newsletters, historical documents, photographs, and newspaper articles, as appropriate*
- *Be cognizant of the necessity to protect the anonymity of all AA members and the confidentiality of all AA records*
- *Make archival material available to persons with a valid reason for reviewing it. Authorization for review and disclosure will be referred to the DCM.*
- *Maintain an inventory of all District 30 archived material held at the area and local level*
- *Undertake special projects with the help of an ad hoc committee, as needed, to enhance the collection and preservation of District 30 history*

### **2.3 Website Coordinator**

The Website Coordinator is tasked to maintain the technical aspects of District 30's official website and to ensure that the content of the website follows the traditions of AA.

The Website Coordinator is responsible to:

- *Monitor the website to verify its ongoing operation, making recommendations for updating website software and/or plug-ins as needed*
- *Corresponding with the Where and When coordinator to receive updated electronic Where and Whens, keeping the website meeting list up-to-date and accurate*
- *Post District- and Group-sponsored events on the website, coordinating with standing committees to receive information about events in a timely fashion*
- *Ensure that the website operates within the principles embodied in the Twelve Traditions of AA., deferring to the website guidelines in the Virginia Area Service Manual and GSO 'Internet Guidelines'*
- *Online meeting coordination*

### **2.4 Newsletter Coordinator**

The Newsletter Coordinator is responsible to:

- *Solicit input for the Newsletter and notify District Members of the deadline for submission of articles*
- *Produce Newsletters for distribution at the District meeting. Production numbers shall be determined by the District.*

- *Provide the Newsletter to the District Secretary and the Website Coordinator in a common electronic format for dissemination*
- *Provide a printed copy of the Newsletter to the Archive Committee*

## **2.5 Where & When Coordinator**

The District's meeting list is called the Where & When.

The Where & When Coordinator is responsible to:

- *Solicit input for revisions to the Where & When meeting list*
- *Create and produce printed meeting lists in the quantities determined by the District*
- *Distribute Where and Whens to the PI/CPC Committee and at the District meeting in the requested numbers. Provide a printed copy to the Archive Coordinator as determined by the district*
- *Provide Where and When in electronic format to the District Secretary and Website Coordinator*

## **2.6 Group and GSR Outreach Coordinator**

The GSR / Group Outreach Coordinator is tasked to assist new GSRs and groups in understanding their responsibilities.

The responsibilities of the GSR and Group Outreach Coordinator are to:

- *Welcome new GSR's and assist them with group paperwork and follow-up to ensure they receive their GSR kits from the GSO*
- *Provide updates to the Area Mailing List Coordinator of changes to the status of Groups in our District.*
- *Encourage and assist opening lines of communication between Groups and the rest of the A.A. Service Structure (District, VAC, and GSO)*
- *Visit inactive or unknown Groups to provide information about the process of updating their status.*

## **2.7 Workshop Coordinator**

The Workshop Committee is established to plan, coordinate, and conduct District-sponsored workshops.

The responsibilities of the Workshop Committee are to:

- *Solicit opinions and ideas for workshop topics from A.A. Groups and Members within the District*
- *Present workshop topics to District Members for approval*
- *Provide information about upcoming District-sponsored workshops to A.A. Groups and Members within the District*
- *Plan, coordinate, and conduct District-sponsored workshops*
- *Provide workshop materials to Archives Coordinator and maintain copies to be used for future workshop planning*

## 2.8 Service Manual Coordinator

The Service Manual Committee is established to create and maintain the Service Structure and District Guidelines for the District Committee.

The responsibilities of the Service Manual Committee are to:

- *Produce and periodically review the District Service Manual; giving deference to the A.A. Traditions and Concepts of Service, and to the guidelines of the A.A. and VAC service manuals*

## 3 GSRs

The GSR has the job of linking their Group with A.A. as a whole. Only when a GSR keeps their Group informed, and communicates their group conscience, can the Conference truly act for A.A. as a whole. Detailed information for GSRs can be found in the A.A. Service Manual and in other literature available from A.A. or from the Chips and Literature Committee.

GSRs are expected to:

- *Attend District meetings and Area assemblies to represent the voice of their group conscience*
- *Take back Conference, Area, and District issues and actions to their Groups*
- *Research information from A.A. literature and service manuals and solicit help from the GSR and Group Outreach Committee pertaining to their responsibilities as GSR*
- *Communicate GSO, Area, and District guidelines pertaining to their associated Groups*

## 4 AMENDMENT PROCEDURES

Any amendments to these District Guidelines shall be approved by a simple majority vote of the District.

\*\* Original District 30 Guidelines Accepted 12/19/2019

Current version approved 04/17/2024