DISTRICT 30

Friends Of Bill FREDERICKSBURG

November 2026

DISTRICT 30

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WE'RE STILL ALCOHOLICS!

From the Newsletter Chair

The newsletter is back for our cute little town's holiday season, and we're still alcoholics!

The seasons have changed since August, but our common purpose remains: staying sober and helping another alcoholic achieve sobriety.

This November, put gratitude into action. Welcome a newcomer, visit a meeting, make coffee, or share a meal with the Fellowship.

Inside: two new meetings to explore and ways to serve at the holiday Alcathon and January's Virginia Area gathering.

We haven't received any submissions yet. Help make the next issue our own: send home group news, a sketch, recovery humor, or a few words about what service means to you!

One day at a time, let's keep showing up for each other.

In love & service,

Your District 30 Newsletter Chair

SAVE THE DATES

NOV 26 | Thanksgiving
American Legion Post 55
Early Birds breakfast | 7 AM
Panel | 7:30 AM

NOV 26 | Thanksgiving
Chancellor Community Center
THANK-A-THON | 5pm

DEC 24th-26th
Dorothy Heart Community Center
Alcathon
24/7

Details inside →

OUR PURPOSE

"Friends of Bill W." is the newsletter for A.A. District 30 in Virginia. It provides a voice that will cultivate the spirit of our district's common welfare and A.A. unity.

AROUND THE DISTRICT

Since August, our local A.A. calendar has included a statewide conference, recovery panels, an anniversary celebration, and some sober fun.



VSCYPAA XXX came to Fredericksburg! The 30th Virginia State Conference of Young People in Alcoholics Anonymous took place September 18–20 at the Holiday Inn Fredericksburg Conference Center. Its theme, “A Spiritual Experience Will Conquer,” marked three decades of VSCYPAA. Young people—and the young at heart—had an opportunity to connect through recovery, unity, and service.

Getting there was part of the fellowship. The VSCYPAA committee’s lead-up events included an August 29 Chili Cookoff with Bingo and a Step Twelve panel at Christ Lutheran Church, followed by a September 11 speaker meeting and karaoke night at American Legion Post 55.

Experience worth sharing: Brooks Park Weekend Serenity’s quarterly Oldtimers Speaker Meeting was held October 3 at the Falmouth Fire Department, making space for the experience of members who have stayed sober through changing seasons of life.

Five years of Basement Dogs: The group celebrated its fifth anniversary October 24 at Regester Chapel Gymnasium in Stafford, with guest speakers from California and New Jersey.

And yes, we can dance sober. District 30’s October 30 Halloween Dance Party rounded out the month with another occasion for fellowship beyond our regular meetings.

TWO NEW MEETINGS

FXBG YOUNG AT HEART
FREDERICKSBURG PRESBYTERIAN
810 PRINCESS ANNE ST
MONDAYS
6:30 P.M.

HAPPY, JOYOUS, & FREE
ST. GEORGE EPISCOPAL
905 PRINCESS ANNE ST
TUESDAYS
5:30 P.M.

NEWLY ELECTED AND START IN JANUARY

DCM | ADCM | SECRETARY | TREASURER

VOLUNTEERS NEEDED

VAC WINTER MEETING
Many opportunities to be of service and help us host! We still need:

- Chairs for two AA meetings
- Hospitality volunteers
- Coffee volunteers
- Registration volunteers

Alcathon
Dec 24 - Dec 26
We have a chair for the Alcathon!
If you or your group would like to host a slot or two during the alcothon please get in touch with us at newsletter.district30va@gmail.com and include your contact info. The chair will be in touch!

LOOKING AHEAD

THE VIRGINIA AREA IS COMING TO FREDERICKSBURG JANUARY 15–16, 2027

District 30 will host the 2027 Virginia Area Committee Winter Meeting at the Holiday Inn Conference Center on Route 17.

What is the VAC Winter Meeting?

We're glad you asked!

Virginia Area officers, district representatives and committee chairs gather to share reports, discuss A.A. service and conduct Area business. District 30's draft calls for help with registration, hospitality, coffee, and two recovery meetings. Ask your GSR about current volunteer needs. Event details: aavirginia.org/events/

Thank you for reading!

BETWEEN MEETINGS...
YOUR VOICE BELONGS HERE
Be our first contributor: group news, service reflections, art or recovery humor.
newsletter.district30va@gmail.com

Use first name/last initial or a service title. Protect others' anonymity.
No identifiable member photos or others' stories without permission.

Listings checked Nov. 10, 2026 • Recheck holiday changes online.

WHY DID THE RADIO START DRINKING AGAIN?!?

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IT RAN OUT OF AA BATTERIES